

# DECEMBER 2023 NEWSLETTER



## *The Importance of Staying Safe on Steps: Your Path to Injury Prevention*

We hope this newsletter finds you in good health and high spirits.

Today, we'd like to shed light on a crucial topic that often gets overlooked: the importance of staying safe on steps. Whether you're navigating stairs at home, work, or in public spaces, this subject is relevant to all of us. In this edition, we discuss why it is vital to prioritise safety on steps.

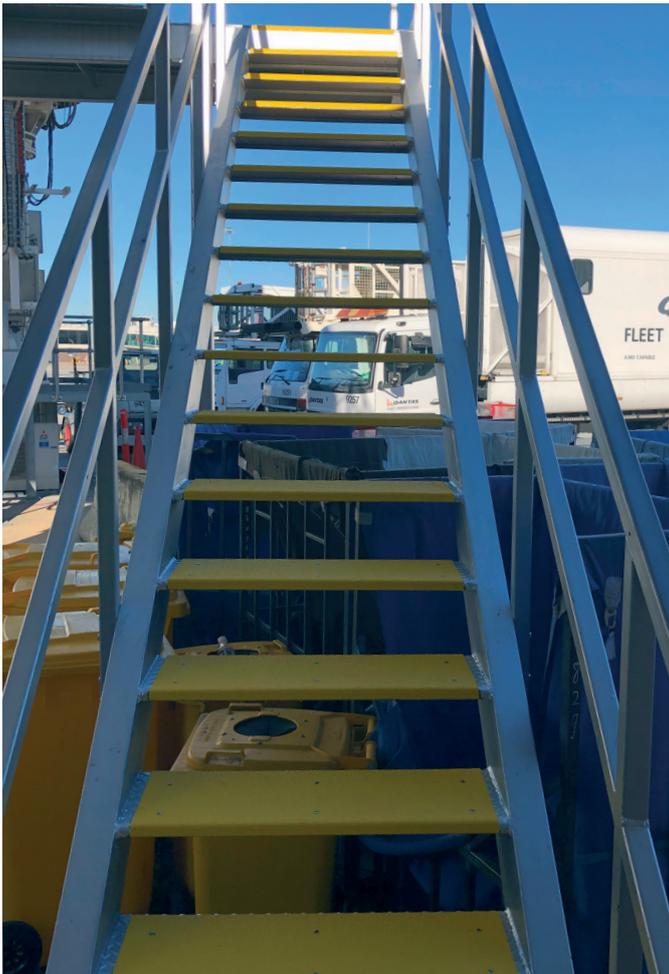
### Why is Safety on Steps So Important?

- **Accidents Happen:** Stair-related accidents are more common than you might think. Slips, trips, and falls on steps can lead to severe injuries, and they often occur due to the lack of safety measures.
- **Injury Severity:** Falls on steps can result in serious injuries such as fractures, sprains, and head trauma. For the injured person, these incidents can be life-changing and may lead to long-term physical and psychological consequences.
- **Children and Vulnerable Individuals:** Children and older adults are particularly vulnerable to stair accidents. Ensuring safety on steps is essential to protect these age groups from harm.
- **Public Spaces:** Steps in public areas see heavy foot traffic on a daily basis. When not properly maintained and designed for safety, they can become accident hotspots.
- **Legal Implications:** Inadequate safety measures on steps can lead to legal liabilities for property owners, business owners, and public authorities.

### Key Steps to Stay Safe on Stairs:

- **Handrails:** Properly installed and sturdy handrails can provide crucial support for individuals while ascending or descending stairs.
- **Anti-Slip Measures:** Using anti-slip tread materials on step surfaces significantly reduces the risk of slipping and falling.
- **Good Lighting:** Adequate lighting is essential to help individuals see each step clearly and reduce the likelihood of accidents.
- **Regular Maintenance:** Regular inspections and maintenance of steps can identify and rectify any hazards promptly.
- **Education and Awareness:** Promote awareness about stair safety among family members, employees, or the public. Ensure everyone understands the risks and the preventative measures available.



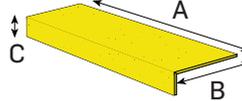


## STAIR NOSINGS



- Metal backed with a carborundum grit and hardened resin surface
- High Visibility Safety Yellow
- Safe, Permanent, Effective
- Extremely hard wearing
- Easy to clean
- Australian Standards compliant
- Robust, Durable, Reliable
- Easy to install

### How to Measure Stair Nosings



### Safety Tip of the Month:

This month, take a moment to inspect the steps in your workplace. Ensure they meet safety standards, have proper lighting, antislip stair nosings, and are equipped with handrails. If you find any issues, address them promptly to reduce the risk of accidents. There is some Compliance support information on our website in the Downloads page and the Compliance page: [Antislip Requirements to Comply with Building Codes | Advance Anti-Slip Surfaces \(advanceantislip.com.au\)](#)

We also have a "10 Steps To A Safe Non-Slip Workplace" A3 poster available if you would like a copy.

Remember, safety on steps is everyone's responsibility. By staying vigilant and taking steps to mitigate risks, we can collectively make our workplaces, and public spaces safer for all.

Thank you for being a part of our safety-conscious community.

We're committed to providing you with valuable information and resources to ensure your well-being. Stay tuned for more safety tips and insights in our upcoming newsletters.

**Stay safe, and take care!**



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Disclaimer: This newsletter is for informational guidance purposes only and does not constitute professional advice. Please consult with a safety expert or relevant authority for specific safety recommendations for your situation.